



TRUEBLUE VIEW

DECEMBER

HI TRUEBLUE COORDINATORS!



The holiday season is here. Be sure to remind your school's parents and community members to give the gift that keeps on giving month after month by signing up for the TrueBlue Schools Program!

As we have mentioned before, TrueBlue Schools has a goal of donating \$2 million to Georgia schools. However, in order to reach this goal we need your help with getting more schools participating in the program. This means we need more dedicated TrueBlue Coordinators like yourselves signed up to help carry the flag for this program.

From January to May we are asking all of our current coordinators to refer at least one TrueBlue Coordinator from a school who is currently not participating in the program. By doing so, you are helping spread the word about this worthwhile program and helping keep the TrueBlue program spirit alive.

Thank you again for all that you do to support this program.

Happy Holidays and all the best in the New Year!

Jennifer Lull & Chad Miller

December TrueBlue School Spotlight: Bullard Elementary School Participates in a TrueBlue Science Day



Bullard Elementary School in Cobb County has raised a total of \$2,900 through TrueBlue Schools. Tracey Brownlee, Bullard Elementary School's TrueBlue Coordinator, said that the majority of the money raised through this program will go toward PTA initiatives such as science & technology improvements.

One specific initiative that was partially funded by the TrueBlue Schools Program was science day that was hosted on November 12th. The big day allowed students to go from classroom to classroom participating in different science experiments such as egg drops, pollution experiments, making homemade ice cream, and even an inflatable planetarium. The school was even able to use some of the funds raised to make science day a reality at a neighboring school, Clay Elementary.

Now that's TrueBlue!

Need Extra Cash For Holiday Shopping?



On December 11, TrueBlue Schools emailed out a short program survey. Please remember to complete the online survey by Friday, December 18, for your chance to win a \$200 gift card to Target. Not only do we value your opinion, but the information collected from surveys will help us move TrueBlue Schools into the next phase of the program. Remember, you only have a week to complete the survey and be entered for your chance to win the Target gift card! Since there are only 270 TrueBlue Coordinators, your chances of winning are really good! [Click here to take survey](#) if you have not already.

Healthy Eating Tips



Chocolate Angel Food Cake with Creamy Mixed Berries

This dream dessert is about 150 calories per slice and always tastes delicious. Top a slice of this sponge cake with some fresh berries and whipped cream, and you have an elegant but easy ending for any meal.

Did you know that egg whites are low in fat and cholesterol, and they are high in protein? They help build and maintain many of the body's structures such as skin, muscles, blood, and blood vessels. Strawberries, raspberries, and blueberries, are bursting with antioxidants, like Vitamin C, which help the body defend the common cold and other winter invaders.

Get the recipe on www.trueblueschools.com.

Need healthy, fast recipes? Check out www.trueblueschools.com, for regularly updated recipes and eating tips.

Jennifer Bushman talks to media outlets about TrueBlueSchools Fun-filled lesson plans for healthy eating and an easy way to make money for your school.



Because Georgia has the third highest rate of overweight and obese children in the United States, Georgia Natural Gas through the TrueBlue Schools program is providing consumers with important and effective solutions to this very serious problem. It is our desire to make it desirable to families to gather together around the dinner table at mealtime. From easy to prepare [healthy](#)

TrueBlue Reminders:

- You should have received the second half of your TrueBlue Coordinator Kit as well as a TrueBlue Schools T-shirt last week. Please let us know if you did not receive these materials or if you need a different size t-shirt. The TrueBlue School T-shirts will be mailed out on a first come first serve basis.
- The second round of quarterly TrueBlue donation checks for the 2009-2010 school year will be sent to your school during the beginning of January! Be on the look out for your school's check either by mail or direct deposit.
- Remember: For those of you who sent your school's W-9 form in on 10/1 or later, your January check will be cumulative.
- If you have not already, please get your W-9 forms in by December 23, 2009 so your school can receive a January donation check! They may be faxed to (404) 685-4030, **Attention: TrueBlue Schools** or emailed to jenniferlull@trueblueschools.com
- The third round of quarterly TrueBlue Donation Checks for the 2009-2010 school year will be sent to your school in the beginning of April.

[teachers](#), the TrueBlue Schools program provides resources to promote healthy eating. Through the program's contribution of funds for Georgia's schools (up to \$2 million) to support childhood education, the TrueBlue Schools program in leading the way in helping Georgia's children!

[Visit our media coverage page](#) to learn more about our lesson plans and healthy eating tips for your school.



WE WANT TO HEAR FROM YOU!

Email us your TrueBlue success stories, ideas, or photos so that we may feature your school in our *TrueBlueSchool* Spotlight. We want to hear what you are doing!

Please email us at jennifer.lull@trueblueschools.com or call us at 678-457-7196.

trueblueschools.com